

2-DAY MARTE MEO SEMINAR:

»Building Relationships«

Marte Meo Method & Systemic Therapy:
A Dialogue

[Date: 28th & 29th July 2010]

Speakers:

MARIA AARTS

[Director MARTE MEO International, Eindhoven, The Netherlands;
founder of the MARTE MEO Method]

&

RAINER SCHWING

[Psychologist; Managing-Director
»praxis – institute for systemic counselling«, Hanau, Germany]



[Only 60 seats are available! Registration in order of application]

Place: The Benevolent Society, Level 4, 7-11 The Avenue | Hurstville NSW 2220 (Sydney)

Price: \$ 500.00 (for the 2-day seminar)

Registration only by e-mail:

Mail for registration to: aartsmaria@martemeeo.com [see STEPS below]

Registration enquiries: Maria Aarts; mail to: aartsmaria@martemeeo.com

How to register: See below.

The Program:

Maria Aarts will give an overview of the skills one needs to build good relationships, friendships, being successful as parents or couples, by means of clips of every day life.

* The MARTE MEO Motto: »Where you learn it, where you use it.«

Furthermore, examples will be given on how to improve the quality of a relationship by improving the daily interaction moments; and how to build connection moments, instead of disconnection moments.

Maria will show examples of couples, that used the »MARTE MEO Couple Support Program« to re-discover each other and of couples who were able to strengthen their relationship.

Maria will do a »*Live Supervision*« of an Australian couple. They will bring in pictures of their daily life as a couple and as well as parents. During the 2-day seminar you will have the opportunity to bring in your own footage concerning couples from your own professional practise, on which Maria will supervise you and tell how to use the »Marte Meo Couple Support Programme«.

Rainer Schwing will show the connection between the »Marte Meo Method« and the »Systemic Couple Therapy«.

Furthermore Rainer will inform you on the latest neurobiological research findings.

He will present how the Marte Meo Method is helpful in Systemic Couple Therapy.

The Speakers:

Maria Aarts is the founder of the »Marte Meo Method« and director of »Marte Meo International«. In her field of *developmental psychology* she developed a system of *interaction analysis* that is concrete and useful. During the past 30 years Marte Meo has expanded to be used in almost 40 countries. Maria Aarts, together with professional experts in various medical, therapeutic and education fields, is working on new implementations of the Marte Meo Method, for instance like in this »Marte Meo Couple Support System« direction. (See web site: www.martemeeo.com)

Rainer Schwing works as psychologist and systemic teacher-therapist in Family and Partner Therapy, as well as in Organisational Advice. For 20 years he has been the managing-director of a systemic educational institute (»praxis – institut für systemische beratung«, Hanau, Germany). Rainer Schwing is on the board of the German Association

for Systemic Therapy and Family Therapy (DGSF). He is the co-author of »Systemisches Handwerk. Werkzeug für die Praxis« (Systemic Handbook. Tool for the praxis.). (See web site: www.praxis-institut.de)

How To Register:

• **Step 1: Send an (reply) e-mail informing us you would like to join the 2-day seminar. Put in the mail / or fill in and reply this mail:**

1. Your Christian name,
2. Your Surname,
3. Address,
4. Suburb,
5. Postal code,
6. E-mail address,
7. Telephone number,
8. You are allowed to bring your own footage to be supervised on.

[Please let us know if you will bring films.]

SEND THE E-MAIL TO Maria Aarts: aartsmaria@martemeo.com

• **Step 2: We will confirm your registration by e-mail.**

Once you have received confirmation of a place, please send your payment of \$ 500.00 at least three weeks before the seminar date to Maria Aarts. Banking details are:

ANZ Bank,
Account number: 4851-79554
Account name: Maria Aarts
BSB 012-205
Indicate that payment is for:
»Marte Meo Seminar Days« + your Surname.

• **Step 3: Having transferred the money, let us know that you paid, after which we'll e-mail back a confirmation.**

This confirmation e-mail will be your **entrance ticket**.

You are very welcome!

MARIA AARTS

Director MARTE MEO International

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